



ELDER ABUSE PREVENTION

What is the *Seniors Against Scammers* Support Group?

The Seniors Against Scammers Support Group meets every month to share information, get strategies to avoid becoming a victim of fraud, and to give and get support from peers who have been affected by scams and fraud. Members can join using Zoom or call-in using a cell phone or landline.

Who should join?

Anyone living in Los Angeles or San Bernardino Counties that is age 60+ and has been affected by fraud.

What are some common experiences faced by fraud victims?

- Loss of money and assets
- Identify theft
- Loss of relationships (with a scammer, family or loved one)
- Wanting to keep the experience to yourself out of fear of judgement or other social consequences
- Victim-blaming from others and/or from yourself
- Post Traumatic Stress Symptoms including hopelessness, anxiety, depression, hypervigilance, difficulty trusting others, feelings of shame

How can participation in the support group help me?

- Learn skills to cope with emotional pain
- Get support so that you don't feel alone
- Get connected to others
- Helps you change the narrative
- Get validation from peers
- Reinforce a positive sense of self
- Avoid future victimization
- Learn about resources that may be helpful

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Wise & Healthy Aging, a non-profit social services organization, advances the dignity and quality of life of older adults through leadership, advocacy, and high-quality innovative services.