

Anita Edwards Sherpa Executive Coach U.S. Bank



Natina Lasher Sherpa Executive Coach U.S. Bank

Confidence and Communication: Own Your Voice

Communication

"More than anything else, you're going to need the ability to communicate authentically, to speak so that you inspire the people around you, and to listen so that you continue to learn each and every day"

-Sheryl Sandberg

Communication Tool

Coaching

Consequence

Commitment

Communicate

Expectation Mountain

Confidence

"Confidence isn't thinking you're better than everyone else, it's realizing that you have no reason to compare yourself to anyone else."

-Maryam Hasnaa

Servant Leaders...

THINK

Beyond themselves on a consistent basis and are focused on how they can support the **success** of others

Confidence Tool

3 Sentence Rule Listen
Think
Then
Communicate